

MEAD SCHOOL DISTRICT NUTRITION SERVICES

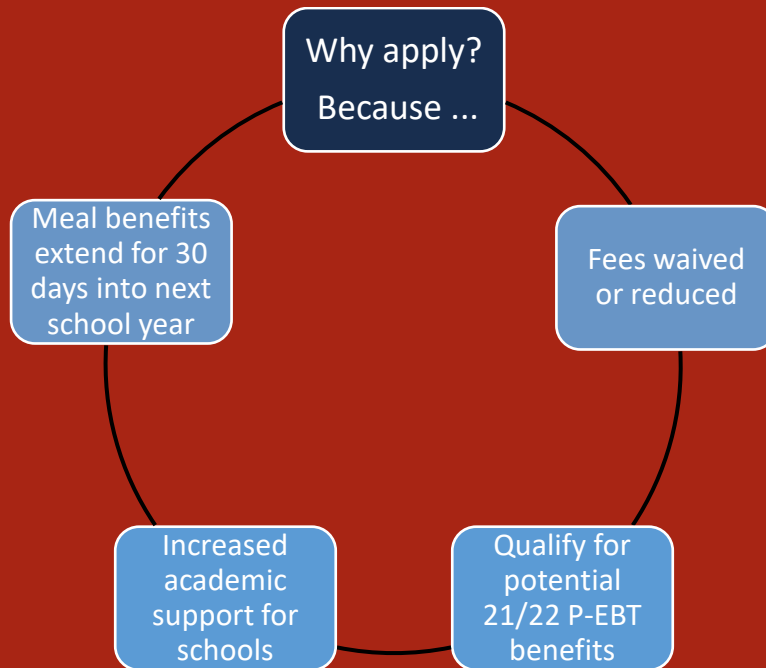
We are excited to offer **meals at NO CHARGE TO ALL STUDENTS** this school year!



No charge for breakfast and no charge for lunch.

If your child would like to purchase additional meals, extra items or milk, please put money on their meal account at the Mead School District Online Payment link <https://wa-mead.intouchrecepting.com/>. Payments may also be made at each school.

FREE & REDUCED MEAL APPLICATIONS at www.lunchapp.com



REDUCED OR WAIVED FEES

To receive reduced or waived fees you must give written permission to share your child's benefit status. Please fill out the enclosed form and return it to your school or send to Nutrition Services.

How to find “What’s for Breakfast and Lunch”

NUTRITION SERVICES WEBSITE and MY SCHOOL MENU app

Check out our website <http://mead.healtheliving.net/> to view menus, nutritional information, screen menus for allergens, and translate menus into different languages. Download the My School Menu app for an exciting way to quickly check out what’s for lunch.



HARVEST OF THE MONTH

Harvest of the Month is a program that introduces fresh, local, and organic produce picked at the peak of ripeness to our students while supporting local farms.

We are excited to be purchasing over 4,000 pounds of fresh, local, and organic produce from small farms to offer in all our schools throughout the year as part of our Harvest of the Month program. Students will see these signs when we are featuring our Harvest of the Month.

A Harvest of the Month sign for September. On the left, the text "Harvest of the Month" is written vertically in orange. To the right, the text "September brings you organic, local tomatoes" is written in red. Below this text is a map of Washington state with a red arrow pointing to a red-bordered box containing the text "Jackson Farms Spokane Valley, WA". To the right of the box is a photograph of a pile of organic, local tomatoes in various colors (red, yellow, green). In the bottom right corner, the word "September" is written in a light grey font.