

Remote or Hybrid Online Learning Weekly Meal Kits

- Weekly meal kit subscriptions are available for any enrolled student who chooses the online learning or hybrid rotating schedule model and must be pre-ordered.
- Pickup of the meal kits will be at the Pittsburg Learning Center (old Northwood Middle) 13120 N Pittsburg St., Spokane. The kits will contain all the items included in school meals and will have easy in-home preparation instructions. The contents of the kits will need to be held under refrigeration or frozen according to the included instruction.
- Weekly meal kits subscription will provide each enrolled student with one breakfast and one lunch for each school day of the week they are not attending in-person learning.
- After signing up for the weekly meal kit subscription, you will continue to pick them up weekly until you cancel your subscription. **You must contact Nutrition Services when you are ready to discontinue your meal kit subscription.**
- Please call 509-465-6100 to order a weekly meal kit.
- Cooking instructions available on the next page.

Breakfast	Cinnamon Toast Crunch Bar	Store frozen	Allow to thaw completely before consuming, or heat in conventional oven at 350°F for 13-14 minutes in its oven safe plastic packaging.
	Pop-Tarts	Shelf stable	Follow instructions on wrapper
	Cereal	Shelf stable	Serve at room temperature, we recommend serving with cold milk.
Lunch	Smucker's Uncrustables	Keep frozen until ready to prepare	Thaw 60 minutes at room temperature. Serve within 8-10 hours for optimal freshness.
	Stuffed Cheese Bread	Keep frozen until ready to prepare	Bake from frozen at 350°F for 6-8 minutes or until the internal temperature reaches a least 165°F. The plastic wrapper is oven safe.
	Turkey and Cheese Sandwich	Keep frozen until ready to prepare	Thaw overnight under refrigeration. Serve within 24 hours for optimal freshness.
	Bean and Cheese Burrito	Keep frozen until ready to prepare	Bake in its oven safe wrapper at 300°F. Bake for 24-28 minutes from frozen or 13-15 minutes from thawed.
	Grilled Cheese Sandwich	Keep frozen until ready to prepare	Bake from frozen at 350°F for 18-20 minutes or until the internal temperature reaches a least 165°F. The plastic wrapper is oven safe.
	Wild Mikes Pizza	Keep frozen until ready to prepare	Bake from frozen at 325°F for 13-15 minutes or until the internal temperature reaches a least 165°F. The plastic wrapper is oven safe.
	Ham and Cheese Ripper	Keep frozen, thaw before baking	Bake from thawed at 325°F for 9-12 minutes or until the internal temperature reaches a least 165°F. The plastic wrapper is oven safe.
Please wash all whole fruit under running water before consuming. All pre-packaged produced is prewashed and ready to enjoy.			